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# Foreword

Setting up a home together often takes more out a couple than any other task. This is mainly due to the fact that these are a lot of new adjustments that should be made in order for the couple to function and cohabitate in peace and harmony as much as possible. Get all the info you need here.



## ***Household Duty Delegation***

Important Tips On Keeping The Household Running Smoothly

# Chapter 1:

## *Marriage Household Basics*

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### Synopsis

There are several different areas that would need some attention when it comes to household basics. One the most important elements would be the adjustment to the individual's personal space will either no longer exist or it will be curtailed considerably. This will certainly require a lot of consideration on both parties to ensure this loss is well received and workable.



## **The Basics**

If space and finances permits, the personal space can still be accommodated but even there should be some rules set and agreed upon regarding this space. Often people tend to consider their own personal space, just that, and no one else has the right to dictate anything about this personal space. This of course is a fallacy the moment cohabitation comes into the equation.

Household basics should also include the sharing of all chores and upkeep of the living space. This is another very important area that should be given due consideration and in all probability the male counterpart is not really capable or interested in the upkeep of the living space and is quite happy to leave this area to the management of the female within the relationship.

The clear understanding that chores should be and is expected to be shared should be established very early on in the relationship to ensure there is no discontent arising from either party's indifference.

Household basics should also cover the financial expenditure intending to be incurred by both parties. This is to ensure understanding and cooperation is the basis of the financial spending patterns within the relationship.

# Chapter 2:

## *Make A List Of All The Chores Together*

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### Synopsis

If done properly, this can be quite an interesting and enjoyable exercise which both parties can participate in. creating a list of possible chores is very important and doing it together will allow both parties to have a contributing say in the list.



## **Do It Right**

The exercise of creating a chores list should be done together, without either party trying to squirm out of this. As an added incentive, it might be a good idea to go about this exercise in a fun and carefree way as opposed to being too stringent about what should and should get attention.

Doing the list together may also help to highlight chores that would otherwise have not been noticed or thought off at the beginning stages of the relationship. New ideas and thoughts can be shared while venturing into making the chores list together.

Another important reason for making the list together is to ensure there is equal participation when it eventually comes to executing the various tasks on the list on a daily or periodical basis.

Both parties will be completely aware of all the various tasks that would be required to be done, thus allowing them to work out who and when these tasks should be done.

Doing this list together, will eliminate the need to be accusational or angry when a task is not done, due to the fact that both parties are waiting for the other to complete a certain task.

By doing the chores list together, both parties will also become aware of just how much needs to be done on a daily and even periodical



basis, leaving no room for doubt as to the amount of participation that would be expected from each other, in order to make a success of the relationship.



# Chapter 3:

## *Determine If Any Chores Are Actually Enjoyable For One Of You*

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### Synopsis

Through the exercise of getting a chore list done, it would also be wise to identify certain tasks on the list that either party would find satisfaction and enjoyment in performing or carrying out.



## **What's Likeable**

This is especially beneficial, as it will help to get these tasks done on a voluntary basis rather than having to tackle the tasks simply out of obligation. Being able to identify and volunteer for some of the tasks on the list will keep the couple more enthusiastic about working together for the good of the future of the relationship.

In most cases when one party is able to identify and volunteer to take on a few tasks on the list, some level of satisfaction can be derived from this as most people would attest to the fact the job satisfaction is really very fulfilling and rewarding in its own way.

When the individual is allowed to display his or her competence by doing something fruitful, the admiration and thankfulness of the other party can go a long way in getting them to keep at it.

Other observing would even add to the compliments and thus further enhance the resolve to not only enjoy the task but to also do it to the best of one's ability.

Through this process the individual may even discover to his or her delight, that the task is no longer just a task but something to be proud of and in being able to achieve successfully and consistently.

There is also the possibility of becoming even better at the particular task to the point that he or she would now be considered an expert and thus someone to refer to should other need advice or help.



# Chapter 4:

## *Divide Tasks Fairly*

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### Synopsis

No one really likes to work on chores, especially if they come in the form of an endless routine, but doing things together will usually present a whole different experience.



## **Be Fair**

In order to be able to get the cooperation of both parties, it is suggested that the chores be divided equally and fairly between them.

This will not only help to foster the notion of camaraderie but will also get both parties participating willingly. When people feel that they are being treated fairly and with respect, it is usually easier to get things done.

The outcome of the tasks done is also usually of a better quality when the individual is aware of the fact that the tasks were fairly assigned and agreed upon together.

In order to be able to come up with a list and divide the tasks equally and fairly, both parties should have a say in what tasks should be on the list, along with other supporting information such as the frequency and time frame expected for each task.

With all this more specific information available, the individual will be able to have a better take on the overall expectation of his or her part and work accordingly.

The element of fairness should always be part of the whole exercise, to ensure neither party feels unnecessarily exploited.

It would also be a good idea to divide the tasks according to the physical and mental capabilities of both parties within the relationship.

If one party is accustomed to performing a certain task and is good at it, it would be very likely that getting the person to take on the particular task for the long term would be easy. There is usually some level of enjoyment in performing the tasks that have been assigned fairly and equally.



# Chapter 5:

## *Discuss What Happens If One Partner Doesn't Follow Through*

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### Synopsis

Assigning tasks can be challenging enough an exercise but getting both parties to commit to sticking to the scheduled designed can sometimes be an even more challenging exercise to enforce. This is especially so when dealing with adults, as there is usually very little recourse available for when adults becomes less enthusiastic about holding up their end of doing the tasks listed.





## **Talk About It**

At the very beginning there should be some sort of check and balance schedule designed by both parties to ensure the tasks assigned are carried out accordingly and with the appropriate amount of care and diligence should be accorded.

Getting both parties to come up with ideas on how to tackle the problem of undone tasks or tasks that have been carried out but lack the general standard guidelines first agreed upon, would definitely be worth some thought.

Often when the enthusiasm wanes, so does the quality of the tasks completed and this is shown very clearly as time progresses, and sometimes it becomes necessary to enforce the check and balance first designed at the beginning of the task allotment stage to ensure the slack is picked up accordingly or the consequences would be dire.

Some of these could include making the other party pay for the tasks that had to be reassigned or outsourced, or maybe even making the person give up an activity they enjoy if their tasks are not completed as agreed.

Creating some sort of reward or incentive program is also another possibility when it comes to encouraging each other to ensure the assigned tasks are completed satisfactorily.

This may sometimes be rather hard to enforce but if both parties are willing to work together to grow the relationship successfully, it can certainly be achieved to some level of satisfaction.



# Chapter 6:

## *Make A Chore Chart*

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### Synopsis

This may seem rather childish but is done in a cooperative manner, both parties will be able to realize the importance of the chore chart and learn to adapt accordingly to getting things done.



## **Planning**

Making a chore list, will allow both parties to be fully aware of all the various tasks and activities that are needed to be completed or taken on, for the smooth running of the household and eventually providing comforts to the couple on a consistent basis.

The tasks on the chore chart will also allow both parties the opportunity to pick and choose the tasks they would be more willing to perform, especially when this can be done without constant reminding and promptings.

Making a chore list is also an activity that can be done so that from the very beginning there is some feeling of partnership and respect for each other and the life that is being carved out to be share by both parties.

The chore chart will also help both parties to have some sort of reference, whereby there is written documentation available for viewing the tasks and what is expected on a daily or periodic basis.

The chore chart will also help to lessen the frequency of arguments and misunderstandings as everything is noted down in black and white, thus giving very little leeway for future disputes.

The chore chart is usually a good reference point, as there will most likely be some level of forgetfulness or simple disinterest in getting things done, after the initial excitement of performing such tasks wears off.

The chore chart also allow both parties a point of reference that can be viewed daily and discussions on temporary adjustments can be made without having to get into huge and potentially damaging arguments.



# Chapter 7:

## *Why It's Important To Split The Household Chores*

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### Synopsis

There are several reasons for forming a household chores chart and one of them would be, ensuring the people assigned to the tasks to do with due diligence and some level of commitment. Others may include the need to share the responsibilities of household chores so that no one party is left doing all if not the bulk of the work while the other party simply enjoys the fruits of the labor.



## **Why Do It**

Household chores are something that cannot be avoided and should be tackled within a consistent time frame. This is to avoid a situation where the undone chores become a burden and cause chaos within the household's daily smooth functioning format.

Household chores are usually designed to ensure a smooth and comfortable living condition for all members within the household, thus the need to focus on ensuring things get done according to the schedule first agreed upon.

Without a complete household chores chart in place, one party will probably end up doing most of the workload without any recognition or help from the other person. This will quickly cause a lot of discontent and friction within the relationship and eventually could end up being the main cause for the relationship ending.

Resentment and anger can quickly take the place of love and affection, if one party is constantly having to manage the household single handedly and with only spurts of help from the other.

# Wrapping Up

Without a proper household chores chart in place, the couple may find themselves having the deal with an endless amount of household duties every spare moment they have. This would definitely eventually cause resentment for both of them as most normal people would like to relax and do things that they enjoy during the rest days, rather than tackle household chores.

